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Department of English | DPS PATNA EAST

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Today

Blossoms of Winter :

It reminds us that strength and beauty can grow even in the coldest times.

Read on Pg.06

Together We Shine



When hearts unite and voices sing,
The world will bloom in hope each
spring.

A gentle word, a helping hand,
Can spread true love across the
land.

No wall too high, no dream too
small,

If we stand strong, we rise for all.
In peace and kindness, side by
side,

Let harmony be now our guide
Aradhya Gupta, VI B

Spring: The Season of New Beginnings



Spring arrives like a gentle promise of hope and renewal. After the cold and silent days of winter, nature slowly awakens, filling the world with color, warmth, and fresh energy. Trees regain their green leaves, flowers bloom in bright shades, and the air feels lighter and more alive. This transformation makes spring a true symbol of new beginnings.

One of the most inspiring qualities of spring is the change it brings to nature and human life alike. The longer days and pleasant weather encourage growth, activity, and positivity. Farmers prepare their fields for new crops, students begin new academic journeys, and people set fresh goals

for themselves. The season quietly reminds us that every ending carries the seed of a new start. Spring also has a powerful effect on the human mind. The beauty of blooming flowers and clear skies lifts spirits and reduces stress. People feel more motivated to step outside, connect with others, and embrace healthier routines. This natural energy helps individuals let go of past disappointments and focus on progress.

Beyond its beauty, spring teaches an important lesson about resilience. Just as plants survive harsh winters to bloom again, humans, too, can rise after difficult times. The season encourages patience, hope, and belief in growth.

In essence, spring is not only a change in weather but also a change in perspective. It reminds us that life is full of chances to begin again, grow stronger, and move forward with renewed optimism.

~Aditya Sinha, VIII A

Failures Are the Pillars of Success



Failure is not always bad. In fact, it can become a stepping stone to success if we learn from it. The pages of history show that every successful person has faced failures at different stages of life.

Failure should be taken in a constructive way. It shows us our weaknesses, shortcomings, lack of preparation, or insufficient effort. By understanding the causes of our failure, we can correct our mistakes and improve ourselves. In this way, failure guides us towards success. Success and failure are two sides of the same coin. If we are sincere, hardworking, and active, we move closer to success. But if we are careless and lazy, we invite failure.

Therefore, we should not be discouraged by failures. Instead, we should try to find the reasons behind them and work more sincerely and honestly. Without doubt, this approach will lead us to success. Success is not easy to achieve. It demands hard work, determination, positive thinking, and strong willpower. We cannot win the race of life if we think negatively. We should always be ready to accept challenges with courage. Failures may upset us, but we should never lose heart. We must try again and again until we succeed. After all, failures act as path indicators. They show us our mistakes and guide us on how to make the right efforts. That is why it is rightly said that failures are the true pillars of success.

~Aniket Adarsh, VII A

The Red Devils Are Back



Manchester United, famously known as the Red Devils, are one of the most legendary football clubs in the world. The club carries a rich and historic legacy built over decades of passion, dominance, and unforgettable moments. Many iconic players have worn the famous red jersey—Cristiano Ronaldo, Wayne Rooney, Paul Scholes, Zlatan Ibrahimović, and the legendary Eric Cantona, whose influence defined an era at the club. The list of great players is so long that writing all their names would require more than twenty pages, a true testament to Manchester United's glorious history.

Manchester United's biggest rivals are Liverpool Football Club, often referred to as the Reds, while their city rivals are Manchester City. Matches against these teams are always intense, emotional, and fiercely contested.

Under the leadership of Michael Carrick, himself a former Red Devils legend, Manchester United recently showed signs of revival. Taking charge last week, Carrick guided the team to a memorable victory against their city rivals, Manchester City, after a tough and disciplined performance—proving that the fighting spirit of the Red Devils is still alive.

No discussion about Manchester United is complete without mentioning Sir Alex Ferguson, the club's most successful and iconic manager. His greatest achievement came in 1999, when United won the historic Treble—the Premier League, FA Cup, and UEFA Champions League in a single season. Sir Alex managed the club for decades and retired in 2013 after winning the Premier League title, leaving behind a legacy that may never be matched.

As the Red Devils rise again, fans around the world hope to witness the return of the glory days—days filled with trophies, passion, and unforgettable football.

~Nilesh Raj, XI A

The Power of Discipline



In today's world, discipline is very important in our lives. With discipline, we can achieve almost anything in the world. Discipline means not procrastinating, not making excuses, and not delaying work by saying "just five more minutes." Being disciplined does not mean forcing yourself all the time.

A disciplined person does not need motivation from others; instead, they become a source of motivation for everyone around them. All we need in life is discipline and consistency.

**Discipline is the bridge
between goals and
accomplishment.**

Jim Rohn

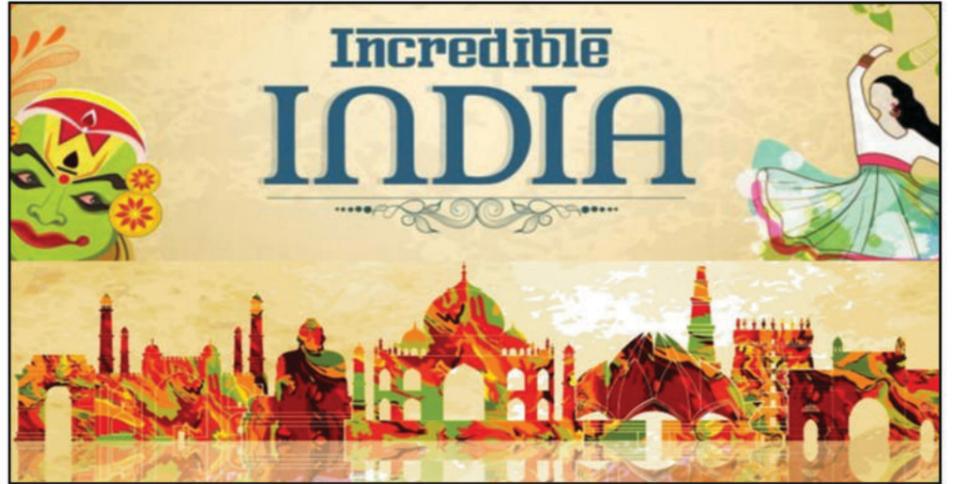
When you follow discipline, you automatically start feeling confident and focused. You begin to think clearly and work towards your goals with determination. Discipline helps us follow a proper routine, and when we follow that routine every day, it slowly turns into a habit.

Once something becomes a habit, it no longer feels difficult. That is why discipline is considered the most powerful quality a person can have. With discipline, you can improve yourself, achieve your dreams, and succeed in life.

In the end, discipline truly gives us the power to achieve anything in the world.

~Amartya Srivastava, VI B

My Journey Across Incredible India



I have just returned from the most incredible journey across our vast motherland, India. From the snow-covered peaks of the Himalayas to the sun-kissed beaches of Kanyakumari, my heart is filled with unforgettable memories. What amazed me the most was how different yet deeply connect

ed we are as a nation. In the East, I heard heard the rhythmic beats of traditional drums. In the South, I tasted delicious and spicy curries and witnessed the graceful movements of Kathakali dance. Every region had its own language, clothing, food, and traditions, yet everywhere I went, people welcomed me with warm smiles that made me feel at home. Despite our many differences, I realized how strongly we are united. This journey taught me the true meaning of "Unity in Diversity." I felt the strength of India in its culture, its people, and its shared values.

This journey across India was not just a trip—it was a lesson that I will cherish forever.

~Ananya Vaibhav, VI B

Maths, My Favourite Friend



Maths is my favourite subject,
Fun and exciting every day.
I add, subtract, multiply, divide,
And solve my sums in a playful way.

Numbers dance on every page,
Shapes and angles shine so bright.
Algebra, geometry, mensuration too,
Make my learning feel just right.

Fractions, decimals, ratios I see,
Each new problem feels like a game.
Maths trains my mind to think and grow,
And helps me learn without any shame.

These are just branches, not the whole tree,
Maths is deeper than it seems.
It opens doors to logic and reason,
And fills my world with curious dreams.

Maths is not fear, Maths is fun,
With every step, I learn and thrive.
I love Maths with all my heart
Numbers make me feel alive!

~Swarat Kashyap, V A

Where Memories Became Home



On 6th April, I joined Delhi Public School, Patna East as a boarder. When I first arrived, Kamakhya Ma'am received me warmly and showed me around. I was taken to my room, where I stayed alone initially. Soon after, my roommates Dhanush and Mehran joined me, and they became my first friends in the boarding house.

Later, I shifted to Room D-013, where I stayed with Shaurya Rastogi and Aryan. They were my bed mates and made me feel comfortable in my new surroundings. When Monday arrived, I met my classmates for the first time—Anjali, Kashak, Shagun, Yuvraj, Rehan, Ashit, Anchit, Anshul, Jahnvi, Sanshik, and many more. Slowly, the school began to feel like home.

My class teacher was Vivekanand Sir, and through him, I got to know many wonderful teachers such as Jahnvi Ma'am, Vividha Ma'am, Abinash Sir, and Mandavi Ma'am, who was also my tutor in the boarding house and the House Master. Along with them, there were many other teachers who guided and supported us throughout the year.

As time passed, many events were organized in school. I actively participated in several competitions and also won prizes. I took part in inter-house volleyball, poem recitation, and many other activities. New teachers also joined the boarding house, including Naveen Tokas Sir and Nilofer Ma'am, who I treated like a sister.

During the Annual Day, I participated in a solo dance, partnered with Ananya Singh of Grade 7. Later, during excursions, I participated in inter-school volleyball competitions at Tribhuvan International School and also took part in dandiya competitions and other inter-school events. One of the most memorable trips was our excursion to Uttarakhand, where we visited Joshimath and Kuari Pass.

After the final examinations, I was promoted to Grade 10. My class teacher in Grade 10 was Vividha Ma'am, whose guidance motivated me a lot. New students joined the boarding house, while senior students shifted to the second floor. In the 2025–26 session, students like Aditya, Neel, Taha, Sidharth, and Shams joined.

That year, I secured second position in inter-house creative handwriting and also won positions in inter-house and inter-school poem recitation. One of the proudest moments of my school life was being selected as the House Prefect of Kaveri House during the Investiture Ceremony.

As the pressure of Grade 10 increased, I focused more on my studies and aimed for a good percentage. During this time, my strongest bond was with Aditya, Neel and Ayush—my best friends. We shared everything with each other, supporting one another like family.

After the summer break, a student from Grade 11, Pratyush Pratap, joined us. He became like an elder brother to me, always listening and guiding me. Later, another Grade 11 student, Nilesh Raj joined us, and together we created countless fun and unforgettable memories.

My classmates—Rajveer, Piyush, Rastogi, Taaha, and friends

friends from Grade 9 such as Divyam, Neel, Aditya, Maanvesh, Rohan, Bhaskar, Ankit, Amrit, and Aryaveer—along with seniors like Pratyush and Nilesh, made boarding life lively. Our boarding house teachers and wardens often joked that they had never seen such mischievous students before, as we were always doing something silly—but then we were always together.

One of the saddest moments came when Kamakhya Ma'am announced that she was leaving the school. She promised us a farewell, and we gave her one with heavy hearts. She was the only teacher who truly understood our feelings and supported us like a parent. I still miss her deeply.

After the Diwali break and Chhath break, I came to know that Sarkar Sir was also leaving. That news made me feel extremely sad because my last few months as a student of DPS Patna East were approaching. I realized how deeply attached I had become to this place.

Now, as my final days approach, I feel emotional knowing that the 2025–26 session is coming to an end. The Farewell and Blessing Ceremony will be held in February, and on 7th, my journey as a student of DPS Patna East will officially end.

It makes me emotional to accept that we may never meet again as classmates. Teachers, boarders, day scholars—everyone has left a permanent mark on my heart. Though time will move on, memories are the only things that remain forever.

Thank you, DPS Patna East, for shaping me into who I am today.

~Ayush Kumar, X A

The Winner



In the evening, we play football
Near the creek, on our school field.
Arun runs so fast,
I can't even catch my breath.

The blue sky slowly turns black,
Cold grass hurts our tired feet.
Trees creep closer in the dark—
But we keep playing.

The whistle ends the game.
We smile, we laugh, we fall.
The winner is not just the score,
The winner is the one who never stops.

~ Anant Kumar Satyarthi, VI D

My Experience of the Dayara Bugyal Trek



Our trip to Dayara Bugyal was an unforgettable experience. Our journey began in Patna, where we boarded a train to Delhi. Although the train was delayed by almost ten hours, we managed to catch it and continued our journey. From Delhi, we travelled to Dehradun, where we stayed for one night. The next day, we boarded a bus and set off towards Barsu village, the starting point of our trek. The bus journey was full of fun, we enjoyed music, danced, and admired the breathtaking scenery. The snow-covered peaks of Uttarakhand and the lush green mountains were truly mesmerizing. After nearly seven hours of travel, we finally reached our hotel and rested for the night. The following day marked the beginning of our trek. On the first day, we covered around 5 kilometres, taking nearly five hours to reach our first campsite, Barnala. There, we set up our tents and rested for the night.

On the second day, we continued our trek towards the second campsite, Dayara Bugyal. This stretch was approximately 3 kilometers long and took about three to four hours to complete. Upon reaching the campsite, we had our lunch and spent the day and night enjoying the beautiful surroundings.

The final day was the most exciting part of the trek. We had to cover only 2 kilometres to reach the summit point, which stood at an impressive height of 12,100 feet. All 33 students and 3 teachers (Mr. Tapan, Mr. Naveen Tokas and Mr. Sushant) proudly hoisted our school flag at the top. The view from the summit was breathtaking—snow-clad peaks and stunning landscapes stretched as far as the eye could see.

This trip was truly wonderful and memorable. Every moment was filled with joy, adventure, and awe, and these memories will remain with us forever.

~Nihar Anand, VIII B

The Boy Who Lived



Once upon a time, in a very small village, there lived a boy named Henry. In the middle of the village stood a creepy banyan tree, surrounded by barriers. The villagers believed that the evil soul of an old woman lived there and that she transformed into a haunted doll at night. Because of this fear, no one dared go near the tree after 7:00 p.m.

Henry was a six-year-old child, unaware of the banyan tree's dark secret. One evening, around 6:45 p.m., he was playing near the tree when his ball rolled behind it. At that moment, a mysterious man appeared. He locked the barriers with a heavy-duty lock, covered them with a

a heavy-duty lock, covered them with a red cloth, and threw the key into a nearby pond.

Being small and scared, Henry hid behind the tree, thinking the man would leave after taking his ball. By 7:15 p.m., when the man finally returned to the village, Henry stepped out but to his shock, the stranger had vanished. As soon as Henry touched the banyan tree, he was suddenly teleported to a haunted place.

His body trembled with fear. Around him, terrifying figures appeared: the Midnight Man, Bloody Mary, Annabelle, Baby Blue, the Two Kings, Charlie, Manjulika, Stree, and other conjured

spirits. Panicked, Henry knelt and cried. The Midnight Man suddenly struck him with a bright, blinding light, teleporting Henry once again—this time to a graveyard.

In the graveyard, Annabelle sat eerily on a rocking chair. When Henry accidentally touched a grave, Annabelle appeared and killed him, claiming it was her mother's grave. She then threw Henry's body back near the banyan tree.

The next morning, when the lock on the barriers was broken, villagers found Henry's lifeless body near the tree. Everyone was shocked and confused. The forensic team examined the scene, checked CCTV footage, and finally concluded that Henry had been killed by a haunted doll.

After this tragic incident, Henry was buried near the banyan tree. Even today, villagers say that Henry's spirit guards the tree, ensuring that no one dares to enter the forbidden barriers again.

~Vivaan Bagla
& Shirish, V A

Lifestyle of a Class Monitor



A class monitor is a responsible student who can manage and guide the class. A class monitor helps other students in times of need and ensures that the classroom runs smoothly.

Being a class monitor comes with many challenges. When other monitors are absent, I have to handle the entire class with the help of my friends or fellow monitors. I also need to encourage students when they face difficulties and maintain discipline when there is no teacher present. Balancing the responsibilities of managing the class along with my own studies can be difficult at times. Students may get noisy, and I must ensure that everyone stays focused and behaves well. Despite the challenges, being a class monitor has taught me leadership, patience, and responsibility. It is a role that helps me grow as a student and a person.

~Vansh, V B

Unveil with Manaswini: An EXclusive Interview

WITH MR.NIRAJ KUMAR,DEPT.OF PHYSICAL EDUCATION



Manaswini Kumar (M) with Mr.Niraj Kumar(N),Department of Physical Education,DPS Patna East

M-What inspired you to choose basketball as your sport?

N-I was inspired by the fast pace of basketball and the teamwork it demands. Watching great players on the court made me fall in love with the game.

M-How did your journey as a basketball player and coach begin?

N-My journey started as a player, where I learned the basics of the game and developed the discipline required to improve.

M-What do you enjoy the most about teaching basketball to students?

N- I enjoy seeing students enhance their skills and gain confidence through practice and effort.

M-What qualities do you look for in a good basketball player?

N- Discipline, teamwork, dedication, and a positive attitude are the most important qualities for a player. The right mindset is essential to becoming a great athlete.

M-How do you motivate students who feel they are not good at sports?

N- I encourage students by focusing on their effort and hard work rather than just the results.

M-What important life lessons can students learn from playing basketball?

N- Basketball teaches many life lessons, including teamwork, discipline, leadership, time management, and the ability to handle both success and failure.

M-How does basketball help in building teamwork and discipline?

N- Being a team sport, basketball requires players to work together, follow rules, and practice regularly, which builds discipline and consistency.

M-What has been your most memorable moment while coaching in our school?

N- My most memorable moment was seeing our team play confidently in a competition and secure second place in the Excelsior Inter-School Basketball Competition.

M-Which achievement of your students makes you feel the proudest?

N- I feel proud when students show improvement, sportsmanship, and confidence, regardless of whether they win or lose.

M-How do you see the future of basketball in our school?

N- I see a bright future for our students, as many are showing interest and achieving success through regular training and support from the school.

M-Who is your favourite basketball player or team, and why?

N- My favourite players are those who show discipline, leadership, and dedication to the game, such as Michael Jordan, Kobe Bryant, Allen Iverson, Derrick Rose, and LeBron James.

M-What message would you like to give to students who want to pursue sports seriously?

N- The key lessons basketball has taught me are to stay focused, work hard, and never give up.

Rapid-Fire Questions

- **Favourite basketball player**
Michael Jordan
- **Favourite travel destination**
Switzerland and London
- **What do you like to do in your spare time?**
Listen to music
- **Your fitness formula**
Consistent training, a clean diet, and proper rest
- **Gym or Yoga?**
Both
- **Your ideal person or role model**
Kobe Bryant and Michael Jordan
- **Favourite motivational quote**
“Hard work beats talent when talent doesn’t work hard.”
- **Offense or Defence?**
Defence
- **One quality every basketball player must have?**
Discipline
- **Morning practice or evening practice?**
Morning practice

Willkommen Frühling:

Wir werden Pflanzen schützen und mehr Bäume und Blumen pflanzen.

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Unsere Trekking-Dyara Bugyal:

Der Dayara-Bugyal-Trek war eine bereichernde Erfahrung.

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Winter Wonderland-Zauber des Winters:

Winteraktivitäten bringen Bewegung und Spaß für alle.

Seite:07

DAS KOPFKINO

TOWARDS YOUR IMAGINATION

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Heute

EXklusives Interview mit "Manaswini"

Ein Interview mit Sportlehrer ,Herr Niraj Kumar, über seine Karriere,Sport mit Strategie usw.

Fortz.auf Seite 08

Willkommen Frühling



Heute begrüßen wir den Frühling – die Jahreszeit der neuen Anfänge, der frischen Farben und der Hoffnung. Der Frühling bringt neues Leben, warme Sonnenstrahlen und Freude in unser Herz. Er erinnert uns daran, dass nach jedem Winter ein Neubeginn kommt.

Diese schöne Jahreszeit zeigt uns, wie wichtig Wachstum, Geduld und Fürsorge sind. Ich möchte, dass wir alle ein kleines Versprechen machen: Wir werden die Natur respektieren. Wir werden unsere Umgebung sauber halten. Wir werden Pflanzen schützen und mehr Bäume und Blumen pflanzen.

Lasst uns gemeinsam daran arbeiten, unsere Erde grün, lebendig und gesund zu halten. Lasst uns den Frühling nutzen, um positive Veränderungen zu beginnen und die Welt ein wenig schöner zu machen.

Ich wünsche euch allen einen fröhlichen, bunten und hoffnungsvollen Frühling.

Danke.

~Vishnu Jee ,VII B

Blüten des Winters



Der Winter wird oft als eine Jahreszeit der kalten Winde, kahlen Bäume und stillen Landschaften gesehen. Doch in seiner Kälte verbirgt sich eine besondere Art von Schönheit – die Blüten des Winters. Diese Blüten sind nicht immer Blumen; sie sind Momente von Stärke, Wärme und stillem Wachstum, die selbst in den kältesten Zeiten erscheinen. In der Natur sind Winterblüten selten und kostbar. Blumen wie Kamelien und Winterjasmin blühen trotz Frost und Schnee und zeigen, dass das Leben nicht aufhört, nur weil die Bedingungen hart sind. Ihre zarten Farben heben sich deutlich von der tristen Umgebung ab und erinnern uns daran, dass Schönheit auch an den unerwartetsten Orten existieren kann. Über die Natur hinaus stehen Winterblüten für menschliche Widerstandskraft. Der Winter symbolisiert oft schwierige Lebensphasen – Zeiten des Kampfes, der Einsamkeit oder der Unsicherheit. Doch gerade in diesen Momenten wachsen innere Stärke, Geduld und Weisheit. Freundliche Taten, Hoffnung und Entschlossenheit werden zu den wahren Blüten des Winters und wärmen Herzen, wenn die Welt kalt erscheint.

Der Winter bietet auch einen stillen Raum zur Reflexion. Während alles ruhig wirkt, geschieht unter der Oberfläche wichtiges Wachstum. So wie sich Pflanzen leise auf den Frühling vorbereiten, bereiten sich auch Menschen auf hellere Tage vor. Träume nehmen Gestalt an, Lektionen werden gelernt und Mut entwickelt sich.

Im Kern lehren uns die Blüten des Winters, dass Wachstum keine perfekten Bedingungen braucht. Selbst in kalten und herausfordernden Zeiten findet das Leben einen Weg zu blühen. Diese Blüten erinnern uns daran, genau hinzuschauen, an Stärke zu glauben und darauf zu vertrauen, dass jeder Winter das Versprechen eines kommenden Frühlings in sich trägt.

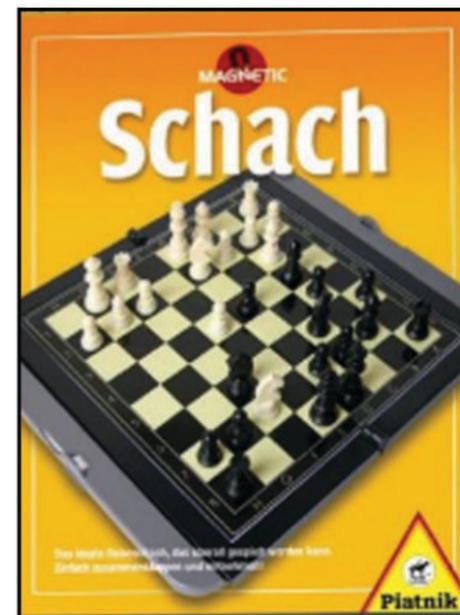
~Aditi Bhaskar, VIII A

Mein Lieblingsspiel – Schach



Mein Lieblingsspiel ist Schach. Es ist ein Spiel, das viel Denkvermögen und gute Strategien braucht, um zu gewinnen. Schach ist ein Hallenspiel und kann von Menschen jeden Alters gespielt werden.

Schach trainiert unseren Geist und nicht unseren Körper. Es braucht keine körperliche Kraft, sondern Intelligenz, Geduld und Konzentration. Das Spiel hilft uns, besser zu denken und kluge Entscheidungen zu treffen. Wenn man Schach sehr lange spielt, kann es manchmal Kopfschmerzen verursachen, weil man sich stark konzentrieren muss. Früher wurde Schach benutzt, um Land unter Clans zu verteilen, aber heutzutage wird es als Spiel und Denksport gespielt. Schach ist ein geheimnisvolles und interessantes Spiel, das vor langer Zeit entstanden ist und bis heute Menschen auf der ganzen Welt fasziniert.



~Aryan V A

Winter Wonderland – Zauber des Winters



~Garvit Agarwal
V B



Winter Wonderland ist ein Ort voller Magie und Schönheit. Hohe Berge, weiße Landschaften und frischer Schnee machen diesen Ort besonders. Im Winter fällt überall Schnee, und die Natur verwandelt sich in ein stilles, glitzerndes Wunderland. Die kalte Jahreszeit wird hier mit Freude erlebt. Die Menschen verbringen ihre Zeit im Schnee, spielen, lachen und genießen den Winter in vollen Zügen. Skaten, Rutschen und andere Winteraktivitäten bringen Bewegung und Spaß für alle.

Auch die warmen Seiten des Winters gehören zu Winter Wonderland. Im Schneefall tanzen Menschen, wärmen sich mit heißem Kaffee, Tee oder Suppe und genießen traditionelle Wintergerichte wie Maggi, Gajar ka Halwa und Chole Kulche.

Abenteuerlustige Besucher erleben spannende Momente in Schneeparks und entdecken die winterliche Natur. Winter Wonderland ist ein Ort, an dem Gemeinschaft, Freude und Natur harmonisch zusammenkommen. Hier wird der Winter nicht nur gesehen, sondern erlebt.

Unsere Trekking Erfahrung in Dayara Bugyal



Der Trek nach Dayara Bugyal war eine unvergessliche Erfahrung für uns alle. Unsere Reise begann in Patna, von wo aus wir mit dem Zug nach Delhi fuhren. Trotz einer Verspätung erreichten wir unser Ziel. Von Delhi ging es weiter nach Dehradun, wo wir eine Nacht verbrachten. Am nächsten Tag fuhren wir mit dem Bus nach Barsu, dem Ausgangspunkt unseres Treks. Die Busfahrt war sehr angenehm. Wir genossen Musik, gute Stimmung und die wunderschöne Landschaft. Die grünen Berge und die schneebedeckten Gipfel von Uttarakhand boten einen beeindruckenden Anblick.

Nach mehreren Stunden erreichten wir unser Hotel und ruhten uns aus. Am folgenden Tag begann der eigentliche Trek. Am ersten Tag legten wir eine Strecke von 5 Kilometern zurück und erreichten nach etwa fünf Stunden unser erstes Lager Barnala. Dort bauten wir unsere Zelte auf und verbrachten die Nacht.

Am zweiten Tag wanderten wir weiter zum zweiten Lager Dayara Bugyal. Die Strecke betrug 3 Kilometer und dauerte etwa drei bis vier Stunden. Nach dem Mittagessen blieben wir dort für die Nacht.

Der letzte Tag war der Höhepunkt des Treks. Wir wanderten 2 Kilometer bis zum Gipfel auf einer Höhe von 12.100 Fuß. Insgesamt nahmen 33 Schülerinnen und Schüler sowie 3 Lehrkräfte teil. Am Gipfel hissten wir stolz unsere Schulflagge. Die Aussicht war atemberaubend – schneebedeckte Berge und eine herrliche Natur umgaben uns.

Der Dayara-Bugyal-Trek war eine bereichernde Erfahrung, die Teamgeist, Ausdauer und Naturverbundenheit stärkte. Diese Reise wird uns allen noch lange in Erinnerung bleiben.

~Nihar Anand, VIII B

Der Dieb und die magische Puppe



Es war einmal ein sehr berühmter Dieb. Sein Name war Md. Hassan Ali. Er war in der ganzen Welt bekannt, weil er sehr klug und mutig war. Wenn er ein Haus ausraubte, blieb nichts zurück. Viele Menschen hatten große Angst vor ihm.

Eines Tages raubte er sogar das Haus eines sehr wichtigen Beamten in Mumbai aus. Die Polizei suchte ihn überall. Die Regierung versprach eine große Belohnung: 60.000.000 Rupien und einen Bungalow für die Person, die ihn fangen würde.

Eines Nachts hörte der Dieb von einer reichen alten Frau, die allein in einer großen Villa lebte. Er beschloss, dieses Haus auszurauben. Weil das Haus sehr groß war, kam er nicht allein. Er ging mit zwölf anderen Räubern, die Waffen bei sich hatten.



Zuerst durchsuchten sie den dritten und zweiten Stock des Hauses. Plötzlich sahen sie im Keller eine kleine Puppe in heißem Wasser. Als der Dieb näher kam, begann die Puppe sich zu bewegen und zu zittern. Trotzdem hatte er keine Angst. Er nahm die Puppe in die Hand. In diesem Moment verschwand plötzlich seine ganze innere Kraft. Der Dieb fühlte sich schwach und verwirrt. Kurz darauf wurde er von der Polizei umzingelt und ins Gefängnis gebracht. Im Gefängnis dachte er lange nach. Er verstand, dass die Puppe magisch war und sein Schicksal verändert hatte. Zum ersten Mal in seinem Leben bereute er seine Taten und beschloss, nie wieder etwas Falsches zu tun.

~Sparsh Shandilya, V A

Kaffee mit Manaswini : *Ein exklusives Interview*



Manaswini Kumar (M) mit Mr. Niraj Kumar (N), Department of Physical Education, DPS Patna East

M: Was hat dich dazu inspiriert, Basketball als Sport zu wählen?

N: Mich hat das schnelle Spiel und die Teamarbeit im Basketball inspiriert. Wenn ich gute Spieler gesehen habe, habe ich den Sport lieben gelernt.

M: Wie hat deine Reise als Basketballspieler und Trainer begonnen?

N: Meine Reise begann als Spieler. Ich habe die Grundlagen gelernt und Disziplin entwickelt, um besser zu werden.

M: Was gefällt dir am meisten am Unterrichten von Basketball?

N: Ich freue mich, wenn Schüler ihre Fähigkeiten verbessern und selbstbewusster werden.

M: Welche Eigenschaften sind für einen guten Basketballspieler wichtig?

N: Disziplin, Teamarbeit, Fleiß und eine positive Einstellung sind sehr wichtig. Die richtige Einstellung macht einen guten Spieler.

M: Wie motivierst du Schüler, die denken, sie sind nicht gut im Sport?

N: Ich motiviere sie, indem ich ihren Einsatz und ihre harte Arbeit lobe, nicht nur das Ergebnis.

M: Welche wichtigen Lebenslektionen lernen Schüler durch Basketball?

N: Basketball lehrt Teamarbeit, Disziplin, Führung, Zeitmanagement und den Umgang mit Erfolg und Misserfolg.

M: Wie hilft Basketball beim Aufbau von Teamarbeit und Disziplin?

N: Basketball ist ein Mannschaftssport. Die Spieler müssen zusammenarbeiten, Regeln befolgen und regelmäßig üben.

M: Was war dein schönster Moment als Trainer in unserer Schule?

N: Mein schönster Moment war, als unser Team selbstbewusst spielte und den zweiten Platz beim Excelsior Inter-School Basketball Wettbewerb gewann.

M: Welche Leistung deiner Schüler macht dich am stolzesten?

N: Ich bin stolz, wenn Schüler Fortschritte machen, fair spielen und selbstbewusst sind – gewinnen ist nicht alles.

M: Wie siehst du die Zukunft des Basketballs in unserer Schule?

N: Ich sehe eine sehr gute Zukunft, weil viele Schüler Interesse zeigen und regelmäßig trainieren.

M: Wer ist dein Lieblingsbasketballspieler und warum?

N: Meine Lieblingsspieler sind Michael Jordan, Kobe Bryant, Allen Iverson, Derrick Rose und LeBron James, weil sie diszipliniert und engagiert sind.

M: Welche Botschaft möchtest du Schülern geben, die Sport ernsthaft machen wollen?

N: Bleibt konzentriert, arbeitet hart und gebt niemals auf.

Blitzrunde (Rapid Fire)

Lieblingsbasketballspieler: Michael Jordan

Lieblingsreiseziel: Schweiz und London

Was machst du gern in deiner Freizeit? Ich höre gern Musik.

Deine Fitness-Formel: Regelmäßiges Training, gesunde Ernährung und genug Ruhe

Fitnessstudio oder Yoga? Beides

Dein Vorbild / deine ideale Person: Kobe Bryant und Michael Jordan

Lieblings-Motivationszitat: „Harte Arbeit schlägt Talent, wenn Talent nicht hart arbeitet.“

Offensive oder Defensive? Defensive

Training am Morgen oder am Abend? Morgentraining

Eine wichtige Eigenschaft für jeden Basketballspieler: Disziplin